

FRIDAY

7 am Early Birds, Z / C Zoom ID 892 9612 8710, password 349356

9 am Daily Ithaca Group, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 813 0352 9023. Password: 565221

9 am Kendal Non-Compliant, Z / C Zoom ID 842 691 440, password 852913

Noon Brown Baggers, Z / C* Zoom ID 401 348 5321 Contact noonbrownbaggers@gmail.com for password *Open meeting last Friday of month only

4:30 pm One Day at a Time, H / O Zoom ID 854 9089 1468, password PalofBob and Unity Room, Ithaca Community Recovery, 518 W. Seneca St.

5:30 pm Attitude Adjustment, IP / C Ithaca Community Recovery, 518 W. Seneca St.

6:30 pm Not a Glum Lot, H / O Seeds of Hope Room, Ithaca Community Recovery, 518 W. Seneca St.

7 pm Dryden Twelve Steppers, IP / O Dryden United Methodist Church @ 4 corners

7 pm Friday Night Women’s, H / C Zoom ID 819 8366 9363, Contact 518Fridaynight@gmail.com for password and Ithaca Community Recovery, 518 W. Seneca St.

7 pm The Way Out Group, IP / O Methodist Church, Turnpike Rd, Mecklenburg

8 pm Friday Night Men’s, IP / C Unitarian Parish House, 306 N. Aurora

8 pm Way Out in Zoom, Z / O Zoom ID 971 2206 2449, password BigBook

SATURDAY

7 am Early Birds, H / C Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 892 9612 8710, password 349356

9 am Daily Ithaca Group, H / C / A Ithaca Community Recovery, 518 W. Seneca St., top floor, and Zoom ID 813 0352 9023. Password: 565221

9:10 am History Lights the Way, IP / C St. Catherine of Siena, 309 Siena Dr.

10:30 am Double Winners, Z / O Zoom ID 525 140 048, password 601091

Noon Brown Baggers, Z / C Zoom ID 401 348 5321 Contact noonbrownbaggers@gmail.com for password

4:30 pm One Day at a Time, H / O Zoom ID 854 9089 1468, password PalofBob and Ithaca Community Recovery, 518 W. Seneca St.

8 pm Saturday Night Live, Z / O Zoom ID 161 605 895, password 498713. 2nd Sat. Medallion, 4th Sat. Speaker

Phone numbers

- (Empty lines for phone numbers)

Alcoholics Anonymous

Meeting List for Ithaca

Last updated February 3rd, 2024

Contact us

Email: info@aaithaca.org
Phone: 607-273-1541
Website: https://aaithaca.org
Mail: Ithaca Intergroup, PO Box 43, Ithaca NY 14851

Legend

IP In person, no Zoom
H Hybrid, in person and Zoom
Z Zoom only
O Open Meeting, All are welcome.
C Closed Meeting, AAs & problem drinkers only
A Accessible for those with limited mobility
To join a Zoom meeting by phone, dial 929-205-6099 followed by #.

MONTHLY SERVICE MEETINGS

Ithaca Intergroup, Z 1st Tuesday 7:00 pm, Zoom ID 951 2009 8860, password BillsStory
Email: intergroup@aaithaca.org

Public Information Committee, IP 2nd Tuesday 6:45 pm, Presbyterian Church, 315 N. Cayuga St.
Email: pi-cpc@aaithaca.org

Institutions Committee, Z Last Tuesday 7:00 pm, Zoom ID 913 2281 1059, password 12Steps
Email: institutions@aaithaca.org

Area Assembly - Area 47, H 2nd Sunday 1:00pm
Zoom ID 862 8547 4266, password 419896

NEIGHBORS

Cortland https://www.aacortland-homer.org
Elmira https://www.aaelmira.org
Binghamton https://aabinghamton.org

Send meeting list updates to meetings@aaithaca.org

SUNDAY

7 am Early Birds, IP / C Stewart Park, Pavilion by playground.

9 am Daily Ithaca Group, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 813 0352 9023. Password: 565221

11 am LA Group, IP / C Lansing Community Center, Rt. 34 (Last Sun –open meeting). Chairlift available.

11 am Women's One Day at a Time, H / O / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 831 6288 8305, password 204563. Welcoming all who identify as women, non-binary and trans.

Noon Step Action, Z / O Zoom ID 716 9742 7943, password SA20

4:30 pm One Day at a Time, Z / O Zoom ID 854 9089 1468, password PalofBob

7 pm Loose Caboose, IP / O 367 Dryden-Harford Rd (Rte. 38)

7 pm Sunday Night 12 & 12, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 840 9217 7497, password 200954

7 pm Cayuga Freethinkers, IP / O Unitarian Parish House, 306 N. Aurora St. Ithaca, NY

7 pm Taughannock Group, Z / O Zoom ID 850 0226 4316

MONDAY

7 am Early Birds, Z / C Zoom ID 892 9612 8710, password 349356

9 am Daily Ithaca Group, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 813 0352 9023. Password: 565221

9 am Cortland Morning Group, IP / O Grace and Holy Spirit Church, 13 Court St., Cortland

Noon Brown Baggers, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 401 348 5321. *Email noonbrownbaggers@gmail.com for password*

4:30 pm One Day at a Time, H / O / A Ithaca Community Recovery, 518 W. Seneca St (Unity Room) and Zoom ID 854 9089 1468, password PalofBob.

7:00 pm Monday Night Jaywalkers, IP/O/A Church of the Epiphany, 11 Elm St., Trumansburg

MONDAY (cont)

7:30 pm Brooktondale Group, H / O Brooktondale Community Center, 522-526 Valley Rd

8 pm Monday Night Big Book, H / O Ithaca Community Recovery, 518 W. Seneca St. and Zoom 832 8511 7507 password: BigBook

TUESDAY

7 am Early Birds, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 892 9612 8710, password 349356

9 am Daily Ithaca Group, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 813 0352 9023. Password: 565221

Noon Brown Baggers, Z / C Zoom ID 401 348 5321. *Contact noonbrownbaggers@gmail.com for password*

4:30 pm One Day at a Time, H / O Unity Room, Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 854 9089 1468, password PalofBob

7 pm Ithaca Group, H / C Presbyterian Church, 315 N. Cayuga St. Zoom ID 98301442952 (no password) (Enter on Court St.) (Last Tues-Open Speaker)

7 pm Interlaken Group, IP / O St. Francis Church, Orchard St., Interlaken

8 pm 11th Step Group, IP / O Ithaca Community Recovery, 518 W. Seneca St., 3rd fl.

WEDNESDAY

7 am Early Birds, Z / C Zoom ID 892 9612 8710, pw 349356

9 am Daily Ithaca Group, H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 813 0352 9023 Password: 565221

Noon Brown Baggers, Z / C Zoom ID 401 348 5321 *Contact noonbrownbaggers@gmail.com for password*

1:30 pm Double Winners, Z / O Zoom ID 569 874 291, password 601091

4:30 pm One Day at a Time, H / O Ithaca Community Recovery (*Unity Room*), 518 W. Seneca St. and Zoom ID 854 9089 1468, password PalofBob.

7:00 pm Danby Tossots, Z / O Zoom ID 874 4775 7338, passcode 872277

WEDNESDAY (cont)

8:00 pm Wednesday Night Beginners, IP / O St. John's Episcopal Church, 210 N. Cayuga St.

8:00 pm No Human Power, Z / O Zoom ID 897-4151-1713, password 1stStep

8:30 pm Secular Big Book Study, Z / O Zoom ID: 84670588267, no passcode, +12532158782.

THURSDAY

7 a.m. Early Birds Z / C Zoom ID: 892 9612 8710, password 349356

9 a.m. Daily Ithaca Group H / C / A Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 813 0352 9023. Password: 565221

Noon Brown Baggers Z / C Zoom ID 401 348 5321 *Contact noonbrownbaggers@gmail.com for password*

4:30 pm One Day at a Time, H / O Ithaca Community Recovery, 518 W. Seneca St. and Zoom ID 854 9089 1468, password PalofBob. *Now downstairs in Unity Room.*

7:00 pm We Absolutely Insist on Enjoying Life, Z / C Women, Trans, Nonbinary. Zoom ID 823 4741 5492, passwrd 1

7:30 pm How it Works, H / O / A Ithaca Community Recovery, 518 W. Seneca St. 2nd floor, and Zoom ID 835 3666 6917, password 073914

7:30 pm Thinking Out Loud Meeting, IP / O Reynoldsville Methodist Church, 5178 NY 227, Burdett

8 pm Any Lengths Group, IP / O Varna Community Center, Varna

8 pm Cayuga Freethinkers, Z / O Zoom ID 277 932 951, password Free