

16th Annual IAWA

Ithaca Area Women's Advance

All who identify as women who have a *desire not to drink* are welcome!

Friday Sept. 22 - Sunday Sept. 24, 2023

Work It 'Cause You're Worth It!



Please join us for a weekend of sober fellowship and connection featuring speaker panels, discussions, a campfire, and fun!

LOCATION: The Y at Watson Woods, 920 Dry Run Road, Painted Post, NY
<https://rochesterymca.org/locations/ymca-watson-woods>



Registration Form

Please tear off this portion, fill out both sides, and mail to **Marge Parker, 52 Reuben Street, Ithaca, NY, 14850**. If you have questions please contact co-chair, Terry M. at **607.742.2399** or **tmccann2222@gmail.com**.

Name _____ Home Group _____

Address _____

Phone _____ Email _____

Emergency Name & Phone # (required by venue) _____

Would you be willing to be on a speaker panel?	Yes	/	No
Is it okay to include your contact info on a list of all participants?	Yes	/	No
Do you wish to be contacted about carpooling to the site?	Yes	/	No
Do you require wheelchair accessibility or other accommodations?	Yes	/	No
Are you vegetarian?	Yes	/	No

Details

Throughout the retreat, we will explore topics related to the phrase “**Work It ‘Cause You're Worth It!**” Cabin accommodations are eight bedrooms with two sets of bunk beds (up to four women per room). Cabins have a central meeting room, four shared toilets, and two shared showers. The cabin also includes shared refrigerator space. You may bring your own bedding and towels or rent bedding from The Y at Watson Woods.

There are limited hotel-style single and double occupancy rooms available in the main lodge. These rooms have linen and housekeeping service.

Group meals are served at specific times in The Y at Watson Woods dining hall. Those who have special dietary needs are encouraged to bring their own provisions. There will be refrigeration and storage available.

A detailed list of suggested items to pack will be sent to you along with your registration confirmation. **Service opportunities will be available at registration for all participants.**

- Reservations are first come first served.
- There will be a limited number of scholarships available.

Room & Board - includes 2 nights, 5 meals	Early Bird by Aug 11	Regular Rate 8/12-9/1	Amount
Cabin Room	\$141	\$151	
Lodge Double Room (2 persons max)	\$193 Per Person	\$203 Per Person	
Lodge Single Room (1 person max)	\$298	\$308	
Scholarship Request (for cabins only)	-\$50 (deduct)	N/A	
Optional Add-Ons			
Cabin Linen & Blanket / Blanket Only	\$15 / \$8	\$15 / \$8	
Saturday Only - Lunch Included	\$35	N/A	
Saturday Only - Lunch and Dinner Included	\$45	N/A	
Please consider a donation to the Scholarship Fund Thank You!			

Check or Money Order Payable to: IAWA

TOTAL ENCLOSED: \$ _____

*WE LOOK FORWARD TO
SEEING YOU!*

